

Community Health Resource Center Materials – Your Contacts To Get More

You can contact the following programs for copies of these materials. The availability of these items will vary, so contact the program directly for that information. If the title you are looking for is available in the Center but does not appear on this list, additional copies beyond the set limit on the shelves are not available. Some programs may also have other materials not on this list.

Columbus Health Department Materials

Ben Franklin TB Clinic: 614/645-2199

Tuberculosis Facts – The TB Skin Test

Emergency Preparedness: 614/645-3104

American Red Cross Class Schedule

Anthrax Vaccine

Are You Ready For A Flood or a Flash Flood

Are You Ready For A Thunderstorm

Are You Ready For A Tornado

Be Informed - Biological Threat

Be Informed - Chemical Threat

Chemical Emergencies - Facts About Ricin

Disaster Preparedness for Pets

Family Communications Plan

FAQ About Food Safety & Terrorism

Food & Water in an Emergency

Shelter in Plan Card

Environmental Health: 614/645-8554

An Update on Formaldehyde

What You Need to Know About Mercury

Protect the Ones You Love from Rabies

West Nile Virus: A Public Health Guide

West Nile Virus: Questions and Answers

Improved Cockroach Control Guide

Food Safety Program: 614/645-8554

Assuring the Safety of Eggs

BAC-Catcher Game

Fight Bac, Four Simple Steps to Food Safety

Food Safety For Seniors

Handwashing Song

Listeriosis & Pregnancy: What Is Your Risk

Thermy, Use a Thermometer

Health Promotion Program: 614/645-7213

Environmental Tobacco Smoke

Franklin County Smoking Cessation Program List

Helping Smokers Quit

Quit Line

Quit Smoking for Baby and You

Quitting for Life

Weight Control Guidance in Smoking Cessation

VERB Post Card

101 ways of making Columbus the healthiest city in America

Promoting Physical Activity Among Youth: It's Everyone's Business

Healthy Homes Program: 614/645-6226

A Brief Guide to Mold, Moisture and Your Home

A Citizens Guide to Radon

Asthma Speakers Kit

Clear your Home of Asthma Triggers

Control Asthma Triggers

El Radon

Health at Home: Controlling Asthma

Indoor Air Hazards Every Home Owner Should Know About

Indoor Air Quality: Tools for School

Mold Remediation in Schools and Commercial Buildings

Take the Smoke-Free Home Pledge

Taking Charge of Asthma

Injury Program: 614/645-6170

4 out of 5 Car Seats are Used Wrong (English & Spanish)

Most Kids Ages 4-8 Are Riding at Risk (English & Spanish)

Childproofing Your Home

Smoke Detectors Can Save Your Life

Your Bicycle Helmet

Lead Screening Program: 614/645-6147

About Lead and Pregnancy
El Envenenamiento Por El Plomo y Sus Niños
Free Lead Testing
Healthy Indoor Painting Practices
Keep Your Child Lead Safe
Lead Poisoning and Your Children
Lead Poisoning: What You Need to Know to Protect Your Family
Protect Your Family From Lead in Your Home
Proteja a Su Familia en Contra del Plomo en su Casa

Project Love: 614/645-6568

Las vacunas: ayudan a mantener nuestros niños saludables
talaaku...Waa darbiga kaceliya cudurada carrurta
Immunizations...building blocks for healthy tots

Safe Communities Program: 614/645-0867

Keep Kids Alive Drive 25
Pedestrian Safety
Preventing the #1 Killer of Children

WIC: 614/ 645-6668

How Will You Feed Your baby?
Eating Right! Feeling Good
Feeding Your Baby
Feeding Your 1 Year Old
Feeding Your 18 Month Old
Feeding Your 2 Year Old
Feeding Your 3 Year Old
Feeding Your 4 Year Old
Feeding Your 5 Year Old
Helping Your Child to Grow Slimmer
Tips for Mothers and Fathers: Activity
Pregnancy Basics. Your Complete Guide to Healthy Pregnancy
Women Infants Children, WIC Works...Let Us Help!

Help locating other free & low cost materials-**Public Health Seattle King County – Publications Database:**

http://www3.doh.wa.gov/here/materials/HEM_search.asp

Locate free and low cost printed materials from a variety of agencies and nonprofit organizations. Each entry has been reviewed by a team of public health professionals. Review comments are included, along with supplier information and a downloadable PDF file, if available.

Materials of Other Organizations

American Cancer Society – Franklin County Division: 614/324-5305

A Parent's Guide to Skin Protection
ABC's of Breast Health
Cancer Facts for Men
Cancer Information for Women
Choices for Good Health
Cooking Smart
Eat Smart with Fruits and Vegetables
Good for You: Reducing Your Risk of Developing Cancer
Guidelines for the Early Detection of Cancer
Guidelines for the Early Detection of Prostate Cancer
Healthy Eating Cookbook: A Celebration of Food, Friends, and Healthy Living
Healthy Kids Network
Informacion sobre el cancer para las mujeres (Cancer Info Women)
Informacion sobre el cancer para los hombres
It's Your Skin. Wear it Well
Living Smart: The American Cancer Society's guide to eating healthy and being active
Living Smoke-free For You and Your Baby
Los ABC de la salud del seno (ABC's of Breast Health)
Meeting Well; A Tool for planning healthy meetings and events.
Ohio Cancer Facts and Figures 2002
Patient Info for Breast Cancer Treatment & Recovery
Preguntas y Respuestas relacionadas con el cancer se seno
Quit Smoking for a Day
Smart Steps: Guide to Being More Physically Active
The Cold Hard Facts about Dip
The Smoke Around You
Tome Control
When Smokers Quit

American Diabetes Association- Ohio: 614/436-1917

Could You Be At Risk for Diabetes
Cuide su Salud...Cuide su Diabetes
Diabetes Youth Program: It Should Be Great to be a Kid
Diabetes: What You Need to Know From Head to Toe
El Canal de la
Feeding Kids Isn't always Easy: Tips for Preventing Food Hassles
If You Have Diabetes You Are At Risk For A Heart Attack
La Guia Piramide de Alimentos

American Heart Association – Columbus Metro: 614/848-6676 or 800-282-0291

Airway, Breathing, Circulation
Controlling Your Risk Factors
Easy Tips for Heart-Healthy Eating
Exercise and Your Heart, A Guide to Physical Activity
Just Move

Learn & Live Quiz
Nutritious Nibbles
Smoking and Your Risk of Stroke
Tips for Eating Out
Understanding Stroke
Understanding Stroke

BRAVO: 614/268-9622

GBT Men and Domestic Violence
LBT Men and Domestic Violence
Safety
Sexual Violence

CDC (Centers for Disease Control & Prevention)

<http://www.cdc.gov/ncidod/diseases/hepatitis/resource/brochures.htm>

Como Vivir Con La Hepatitis B Cronica
Evite La Hepatitis A
If You Have Hepatitis C

CDC – National Center for Injury Prevention & Control

www.cdc.gov/ncipc/pub-res/pubs.htm or 1-770-488-1506

A Tool Kit To Prevent Senior Falls
Check for Safety, Home Fall Prevention

CDC – 888/231-6405

Healthy Kids. Healthy Families. Physical Activity Can Make the Connection

Children’s Hospital Poison Control Center: 614/ 722-2635

Be Poison Smart
Posion Control Center Stickers
Su Poison Control Center

Choices: 614/ 258-6080

Choices: Eliminating Domestic Violence
There is No Excuse for Abuse

Epilepsy Foundation: 614/228-4401 or 800-878-3226

Introducing H.O.P.E. An Innovative New Educational Initiative
No Label Required. Teens Talk Straight About Epilepsy
Primeros Auxilio para Ataques Epilepticos (First Aid)
Seizure First Aid
Seizure Recognition and First Aid
Serving People with Epilepsy in Central Ohio
Sobre La Epilepsia (What is E.)
Yo Tambien Tengo Epilepsia (I have E. too)

GlaxoSmithKline: 866/475-8222

Inmunizacion Infantil, Lo que necesitan saber los padres
Tu Bebe, SANO

National Cancer Institute:

www.cancer.gov/cancer_information/ or 1-800-4-CANCER (22-6237)

Having a Pelvic Exam and Pap Test

Los Mamogramas

Mammograms, Not just once, but for a lifetime

Men Eat 9 A Day

NIDCR: National Institute of Dental and Craniofacial Research

www.nohic.nidcr.nih.gov/orderform.html or 301/402-7364

A Healthy Mouth for Your Baby (English & Spanish)

Seal Out Tooth Decay (English & Spanish)

NIH/ Nat Int. of Child and Human Development:

www.nichd.nih.gov or 1-800-370-2943

Babies Sleep Safest On Their Backs (SIDS)

Reduce the Risk if SIDS (AA Campaign)

Sindrome de Muerte Infantil Subita

Sudden Infant Death Syndrome: A Video on Helping To Reduce The Risk

NIH/ National Institute on Alcohol and Alcoholism: www.nofas.org or 800/66-nofas

Drinking During Your Pregnancy

Ohio Health- Sexual Assault Response Network of Central Ohio: 614/566-5847

RAINN: Rape, Abuse, and Incest National Network Hotline

Rape Hotline Cards

Sexual Assault Intervention, Education and Prevention Services

Office of Women's Health Services/ USDHHS: www.4woman.gov or 800/944-woman

A Lifetime of Good Health, your guide to staying healthy (English, Spanish & Chinese)

Paternity Enhancement Program: 1-888-810-OHIO

Unmarried Parents: Should You Acknowledge Paternity

United States Dept. of Agriculture, Team Nutrition Program:

<http://www.fns.usda.gov/tn/Resources/NTISform/ntisform.htm> or 703-305-1624

10 Steps for Parents, Make Physical Activity Easy

10 Steps For Parents: Healthy Eating at School

Public Health Seattle King County – Publications Database:

http://www3.doh.wa.gov/here/materials/HEM_search.asp

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For more information on this list, please contact:

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**COLUMBUS HEALTH
DEPARTMENT**